

THE ATHLETIC COUNCIL

The athletic program at Crothersville Junior-Senior High School will be administered by the Athletic Council. The Council will consist of the Jr.-Sr. High School Principal, the Athletic Director, the Athletic Secretary, and, as an advisory body, the Coaching Staff.

2022-2023 Crothersville High School Athletic Council

Principal – Dr. Doug Ballinger
Athletic Director – Jacob Dunn
Athletic Secretary-

Advisory Body

Boys Varsity Basketball – Bryant Layman

Girls Varsity Basketball – Kevin Hensley

Girls Varsity Track- Marc Bowman

Boys Varsity Cross Country – Carl Bowman

Boys Varsity Track- Carl Bowman

Boys Varsity Baseball – Eric Hilton

Boys Varsity Golf – Jacob Dunn

Girls Varsity Softball –

High School Cheerleading – Amber Jones

Girls Varsity Volleyball – Scott Sage



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PHILOSOPHY

Preface

This handbook is to clarify and establish policies and proper procedures for the Crothersville Junior Senior High School Athletic Department. It is expected that you read this handbook closely, follow the policies and procedures as outlined, and bring your suggestions for improvement of the sports program to the attention of the Athletic Director or any member of the Athletic Council.

Statement of Philosophy

It is the sincere belief of the Athletic Council of Crothersville Junior-Senior High School that athletics is an enjoyable, gratifying and rewarding experience. It is that part of the total educational program that allows not only that application of the intellect, but also the complete involvement of the physical skills an individual may possess. Athletics offer the opportunity for the students to dedicate themselves completely to the goals and ambitions they might desire. He/She will experience the joys of victory or the satisfaction of giving his/her all and sometimes will come to know the heartache of defeat. No other phase of the educational program can offer the student the complete experiences that athletics provide.

We encourage each of our athletes to take from athletics all it might have to offer you as an individual; but the rewards received from an athletic program correlate directly with what you, the athlete, are willing to give of yourself to that program. If the program is worth the time and effort required, then it is certainly worth giving your all. No athlete has ever experienced total satisfaction without living with the concepts of discipline. You will be asked to make sacrifices for something that you believe in. We hope that you find the Crothersville Athletic Program a totally rewarding experience, but we again emphasize that you will get out of the program what you are willing to put into it. We will offer to you the sacrifices and disciplines that we feel are essential to successful athletics. The acceptance or rejection of these concepts is a decision that each of you must make individually.

As a member of one of our athletic teams you are a part of a program that has become a way of life for the members of the Athletic Council. It is our sincere desire to be of assistance to each of you in any manner that we can. Please feel free to discuss your problems or frustrations with any member of our council.

CODE OF CONDUCT

The code of sportsmanship is followed by the students who participate in athletics.

You, as athletes, are generally the leaders of student opinion, and your followers are easily impressed. Misbehavior by a few athletes can ruin the favorable image athletes should create for the school and for the community.

Conduct in Participation:

In any athletic event there is “1” outcome we are striving for—TO WIN. Regardless of the final score, all Crothersville Athletes will act like winners.

Act like a Winner:

It is good sportsmanship to congratulate your opponent after an event.

An athlete does not display fits of temper, clowning, etc. when things fail to go as desired. A true athlete has complete control of him/herself at all times.

Officials do not lose a game for you. No one except the appointed captain talks to the officials. He/She should speak in a respectful tone and only to ask questions for full clarification of a violation.

Any behavior contrary to that, which has been stated, will not be tolerated.

Conduct on Road Trip:

On trips, athletes directly represent the community, school, and coaches. Therefore, it is expected that all concerned will act in an acceptable manner when traveling and conduct themselves on the bus and in public by the rules. Equipment and facilities of the opposing school will be respected and cared for just like personal equipment.

Conduct in the Classroom:

An athlete should give respectful attention to classroom activities and show respect for students and faculty members at all times. Never be disruptive or distracting.

IHSAA Eligibility



All athletes must adhere to the standards and rules established by the I.H.S.A.A. (Filed in the Principal's and Athletic Director's offices)

1. **Physical Exams:** Each Participant must have the Indiana High School Athletic Association Student/Parents/Physician Certificate on file with the Athletic Director before his/her first practice.
2. **Medical Coverage:** Student Accident Insurance paid by the parents or a waiver signed by the parents stating that the student is adequately insured must be on file with the Athletic Director before the first practice. The high school does not carry medical insurance on athletes. Through school membership in the IHSAA, the athlete is covered by a basic catastrophic policy. If the injured athlete incurs over \$25,000 in medical expenses within one year of injury and a claim is reported in writing to the Athletic Director, the policy is activated.

"THE SCHOOL DOES NOT PROVIDE INSURANCE COVERAGE FOR THE ATHLETES"

3. **Age:** A student who is or shall be (20) twenty years of age prior to or on the scheduled date of the IHSAA state finals in a sport shall be ineligible for interscholastic athletic competition in that sport; a student who is nineteen (19) years of age on the scheduled date of the IHSAA state finals in a sport shall be eligible as to age for interschool competition in that sport.

4. **Enrollment-Scholarship:** All participants must be bona-fide students. To be eligible scholastically, students must have received passing grades at the end of their last grading period in school in at least seventy percent (70%) of the maximum number of full credit subjects (or the equivalent) that a student can take.
5. **Amateurism:** All athletes must be amateurs. (Students shall not play under assumed names nor accept money or merchandise, directly or indirectly, for athletic participation.)
6. **Outside Participation:** A student who participates in an athletic contest of any other similar team during that same season in which the athlete represents his/her school will become ineligible to compete on his/her high school team in that sport.
7. **Completion of Season:** If an athlete quits or is suspended for disciplinary action, he/she cannot practice for another sport until the final contest of that sport season.
8. **Athlete Attendance at Practice:** A student must be in regular attendance in the sport that they actively participate in. Any student missing five (5) to ten (10) consecutive days must have four (4) practices before competing in the next scheduled contest. Any student missing more than ten (10) consecutive days must have six (6) practices before competing in the next scheduled contest. Athletes must have 10 consecutive practices prior to the first official contest in order to participate.

DEFINITIONS

Student/Athlete- Any student enrolled at Crothersville Junior-Seniors High School who has an IHSAA Physical Form on file in the office of the Athletic Director.

Tigers- All male athletes competing for Crothersville High School will be called “Tigers”.

Lady Tigers- Female Athletes competing for Crothersville High School will be called “Lady Tigers”

Team Sports- Basketball, Baseball, Softball, Volleyball

Individual Sports- Cross Country, Golf, Track

Varsity- The highest level in a high school sport.

Practice Season- The period of time between the date of the first and last IHSAA authorized practice. This does not refer to first school practice when scheduled on a later date.

Contest Season- For each sport, that period of time between the dates of the first authorized contest until the starting date of the sectional tournament.

Regularly Scheduled Contest- All interscholastic contests in a sports season. (Excluding I.H.S.A.A. season tournaments)

Next Sports Season- The sports season the student/athlete participated in the preceding school year.

IHSAA Class Affiliation- Crothersville Junior Senior High School is a IHSAA Class A school with 2008-2009 high school enrollment of 180.

Conference Affiliation- Crothersville Junior Senior High School is a member of a six-member IHSAA sanctioned athletic conference known as the SAC (Southern Athletic Conference) which includes the following schools: Borden, Crothersville, Henryville, Lanesville, New Washington, and South Central. One of the most prestigious conference awards is the “All-Sports” trophy based on the conference standing in all varsity sports. Boys and Girls teams compete separately for their own “All Sports” trophy.

RULES AND POLICIES

Training Rules:

Training rules are a matter of self-discipline. The best performance the individual is capable of producing comes only when that individual is willing to sacrifice his/her time and effort toward a conditioned training program, which will help discipline his/her daily habits during his/her lifetime.

The rules and policies of the Athletic Council and Crothersville Junior Senior High School are to be followed by all athletes and students connected with the various athletic teams of the Crothersville Junior-Senior High School which include but are not limited to cheerleaders, managers, and statisticians.

The coach of each sport has the right to add any additional rules for his/her sport.

Violations of Training Rules:

All violations of training rules will be dealt with by the Principal, Athletic Director, and the Coaches of the sport(s) the Athlete participates in. Out of season violations will be dealt with by the Athletic Director.

Definitions for the Crothersville High School Drug, Alcohol and Criminal Activity Policy

- The policies listed below are in effect for the entire calendar year, beginning the first day of practice as determined by the IHSAA, or the first day of school the athlete's freshman year.
- All suspensions must be completed in full. If the athlete's season ends before the suspension is completed, the remaining percentage will be served in the athlete's next season of participation.
- Penalties in these policies are cumulative. Thus the athlete will maintain his/her record through all four high school years; and subsequently, violations will be disciplined at the next level.
- All Categories A, B, and C will be processed separately.

The causes for all of the offenses will be by established charges by law enforcement officials or agencies, observation by members of the Athletic Council, or by admission of the athlete.

Drug, Alcohol and Criminal Activity Policy

A. Convicted of a Felony

1st Violation- *Expulsion from participating in athletic events for the remainder of the athletes' high school career.*

B. Illegal Possession or Illegal use of a controlled substance, narcotic drug or alcohol.

1st Violation- *Suspended from participating in all athletic events for 365 Days.*

OPTION: *The suspension may be waived to 50% of the contest season, contingent upon a professional drug assessment and recommendations for rehabilitation, which must be followed by the student. All concerned parties understand that the student's re-admission to athletics is dependent upon the student following the recommendations of the assessment agency. (All costs associated with this option are assumed by the parent/guardian)*

2nd Violation- *Expulsion from participating in athletic events for the remainder of the athlete's high school career.*

OPTION: *The suspension may be waived to a 365 day suspension, contingent upon a professional drug assessment and recommendations for rehabilitation, which must be followed by the student. All concerned parties understand that the student's re-admission to athletics is dependent upon the student following the recommendations of the assessment agency. (All costs associated with this option are assumed by the parent/guardian)*

3rd Violation – *Expulsion from participating in athletic events for the remainder of the athlete's high school career.*

C. Illegal possession or illegal use of tobacco or convicted of a misdemeanor.

1st Violation- *Suspension from twenty five percent (25%) of the contest season. season.*

2nd Violation- *Suspension from fifty percent (50%) of the contest season.*

3rd Violation- *Expulsion from participating in athletic events for the remainder of the athlete's high school career.*

***Suspension shall be whole games with all fractions rounded to the next whole number. Penalties will be enforced on consecutive games played from the date of the suspension. Contest season includes all contests originally scheduled and one (1) sectional game.**

Practice Rules:

All athletes will report for practice on time. Athletes will not miss practice except when sick or with special approval by the coach. Practices will end at the designated time. In most cases you and your parents will know beforehand. Practices will be planned. Practice schedules will be set. Athletes are expected to clear any missed practice(s) with their coach in advance. Any absence not cleared by a coach is considered an unexcused absence.

Hours:

Hours shall be set by the individual coach.

Transportation Rules:

All athletes, managers, and cheerleaders will ride the team bus or assigned transportation to and from all athletic contests, unless pre-approved by administration or coaches PRIOR to the event in writing.

Locker Room/Weight Room Rules:

Keep the locker room and weight room area clean. No horseplay in these areas. Turn off all showers and flush the toilets. Do not abuse any school property.

Athlete Appearance

Pride in one's appearance goes a long way toward the development of confidence. Other teams, fans, and officials will be impressed by Crothersville's appearance. Be neat and presentable at all times.

1. Athletes will be well groomed and maintain a neat appearance throughout their respective seasons.
2. All teams will be dressed neatly and with a respectable appearance. Blue jean or "denim" material is not acceptable.
3. Offensive tattoos must be covered before an athlete will be allowed to compete in a regularly scheduled game or contest.
4. Your conduct with a significant other must be appropriate. The coach will deal with any public displays of affection, beyond the scope of school standards accordingly.

Attendance:

Athletes will be accountable for and required to follow the same policies regarding attendance that is prescribed in the "Student Handbook". Make yourself very familiar with what the Student Handbook says.

Athlete Bench Rules

- A. Teams playing on the same night and at the same site will sit immediately behind the team playing. Players will not sit with male or female friends, or parents and will actively watch the game.
- B. Electronic Devices are not to be used while an athlete is on the bench. All athletes should be actively watching the game and giving their teammates support during the contest. I.e. IPODS, MP3 players, cell phones, etc.
- C. Your conduct with a significant other must be appropriate. No one is to be sitting on the bench other than the athletes involved in the athletic contest. The coach will deal with any public displays of affection, beyond the scope of school standards, accordingly.

College Recruiters:

The head coach in each sport will be responsible for each contact.

Gymnasium:

Athletes are not to be in the gym during practice times unless your team is practicing in the gym for that specific time period. Athletes should not arrive until 15 minutes before the start of their practice.

Halls:

Athletes are not to wear baseball spikes or track cleats in the halls. These should be put on after leaving and removed before entering the build.

Insurance:

Each athlete is responsible for his/her own insurance coverage.

“THE SCHOOL DOES NOT PROVIDE INSURANCE COVERAGE FOR THE ATHLETES”

Personal Items:

Athletes are responsible for furnishing all necessary practice materials.

Practices:

During organized or unorganized practices you must be supervised. If an athlete acts in a manner that does not positively represent Crothersville Jr-Sr High School, that athlete is subject to probation, suspension, or dismissal.

ATHLETIC AWARDS POLICY

Awards will be presented for all sports middle school and high school at an athletic banquet.

NOTES:

The following special consideration will apply to the awards policy of the Crothersville High School Athletic Department:

- A. To receive any award an athlete must complete the season of that sport as a student and as a member of that team in good standing.
- B. If any illness or injury prevents the athlete from qualifying for any athletic award, the final determination for the receipt of any award shall be made by the coach of the sport involved, the athletic director, and high school principal.

The High School Principal, Athletic Director, will make the final decision for all awards and the coach of the sport involved consistent with the criteria outlined below. Awards will be presented on the basis:

1. Varsity letter: 100 points
2. J.V. certificate: 50 points
3. Tournament advancement (out of): Sectional 100, Regional 150, Semi-State 200
4. All Conference & All County Team Award: 100 points each
5. Outside the School Academic Awards: 50 points each
6. Individual awards: 10 points each
7. Mascot: 50 points
8. Manager: 50 points

To qualify for a letter the athlete must finish the season in good standing. When an athlete has earned 600 letter points he/she will be eligible for an award jacket. The basic award jacket will consist of jacket letters and inserts. The school will pay \$40.00 towards the cost of the athlete's basic letter jacket. A student may not order a letter jacket through the athletic department until that athlete has met the requirements of that sport.

Letters, Jackets, Varsity Certificates and other awards will be presented to the varsity athlete as outlined below:

Complete the season, including tournaments, in good standing and meet the time/point requirements for that sport. Note: An athlete shall receive only one varsity letter during their athletic career. An appropriate certificate will indicate all subsequent letters.

CHS Letter Jacket

The Crothersville Junior Senior High School Letter Jacket will consist of a red wool vest with tan leather sleeves. The athlete will be provided with the Crothersville "C" that will be placed on the jacket.

Individual Sport Letter Requirements

Basketball- Meet the general requirements of the award system. Participate in 50% of all season games unless excused by the coach for illness or injury.

Baseball - Meet the general requirements of the award system. Participate in 50% of all season games unless excused by the coach for illness or injury.

Volleyball- Meet the general requirements of the award system. Participate in 50% of all season games unless excused by the coach for illness or injury.

Softball- Meet the general requirements of the award system. Participate in 50% of all season games unless excused by the coach for illness or injury.

Golf- Meet the general requirements of the award system. Participate in 50% of all season meets unless excused by the coach for illness or injury.

Track- Meet the general requirements of the award system. Participate in 50% of all season meets unless excused by the coach for illness or injury.

Cross Country- Meet the general requirements of the award system. Participate in 50% of all season meets unless excused by the coach for illness or injury.

Athletic Council Most Outstanding Senior Athlete

This award will be presented to the top two athletes in the senior class, either boy or girl, that have been nominated by the Athletic Council. This athlete must have obtained at least 6 Varsity letters in a minimum of 2 sports, and accumulate at least 600 pts. by the above standards.

Principal and Coaches Award

This award will be voted on by varsity coaches and administration personnel. It should be voted according to sportsmanship, coachability, and the individual's ability to be a good teammate.

Student Managers Awards

A student manager will receive a letter and certificate based on the fulfillment of his/her job as determined by the coach of that sport, and subject to the same qualifying criteria as the athlete.

Junior Varsity, Junior High Certificates

An appropriate certificate will be presented to the athlete, student manager, or cheerleader at these levels, subjected to the criteria listed above.

SCHOOL RECORD

Will be awarded to the athlete who established a new record for the school, based on the criteria below:

- A. To establish a school record in track and field and cross-country, a runner must have his/her time measured by two timers. In field events the highest/longest distance must be measured.
- B. To establish a school record in any sport, the achievement of the athlete will be compared to the existing record of that sport, if any.

Fall Sports:

Varsity Volleyball Awards

Awards will be presented in the following areas:

Tiger Mental Attitude Award

Award will be presented to the varsity player showing the best mental attitude for the season.

Most Improved Award

Award will be determined by the coach, based on the improvement of the athlete during the season.

Outstanding Server Award

Presented to the player with the best statistical data.

Serve Reception Award

Presented to the player with the best statistical data.

Hitting Award

Presented to the player with the best statistical data.

Setting Award

Presented to the player with the best statistical data

JV Volleyball Awards

Awards will be presented in the following areas:

Tiger Mental Attitude Award

Award will be presented to the varsity player showing the best mental attitude for the season.

Outstanding Server Award

Presented to the player with the best statistical data.

Serve Reception Award

Presented to the player with the best statistical data.

Most Improved Award

Award will be determined by the coach, based on the improvement of the athlete during the season.

Jr High Volleyball Awards

Awards will be presented in the following areas:

Tiger Mental Attitude Award

Award will be presented to the varsity player showing the best mental attitude for the season.

Outstanding Server Award

Presented to the player with the best statistical data.

Serve Reception Award

Presented to the player with the best statistical data.

Most Improved Award

Award will be determined by the coach, based on the improvement of the athlete during the season.

Varsity Cross Country Awards

Awards will be presented in the following areas:

Tiger Mental Attitude Award

Award will be presented to the varsity player showing the best mental attitude for the season.

Outstanding Runner

To be determined by the cross-country coach, based on the accomplishments and contributions to the team.

Most Improved Runner

To be determined by the cross-country coach, based on the recorded data.

Jr High Cross Country Awards

Awards will be presented in the following areas:

Tiger Mental Attitude Award

Award will be presented to the varsity player showing the best mental attitude for the season.

Outstanding Runner

To be determined by the cross-country coach, based on the accomplishments and contributions to the team.

Most Improved Runner

To be determined by the cross-country coach, based on the recorded data.

Winter Sport:

Varsity Cheerleader Awards

Awards will be presented as follows:

Tiger Mental Attitude Award

Award will be presented to the varsity cheerleader showing the best mental attitude for the season.

Best All Round Cheerleader

To be determined by the cheerleading sponsor based on the leadership, appearance, spirit, and tumbling ability. The cheerleader shall be subject to the same qualifying criteria as the athlete.

Most Improved Award

Award will be determined by the coach, based on the improvement of the athlete during the season.

Paula Joy Sweany Cheerleader of Excellence

The recipient(s) must have been a cheerleader throughout their 4 years of high school.

JV Cheerleader Awards

Awards will be presented as follows:

Tiger Mental Attitude Award

Awards will be presented to the JV cheerleader showing the best mental attitude for the season.

Most Improved Award

Award will be determined by the coach, based on the improvement of the athlete during the season.

Best All Around Cheerleader

To be determined by the cheerleading sponsor based on the leadership, appearance, spirit, and tumbling ability. The cheerleader shall be subject to the same qualifying criteria as the other athletes.

Jr High Cheerleader Awards

Awards will be presented as follows:

Tiger Mental Attitude Award

Awards will be presented to the jr high cheerleader showing the best mental attitude for the season.

Most Improved Award

Award will be determined by the coach, based on the improvement of the athlete during the season.

Best All Around Cheerleader

To be determined by the cheerleading sponsor based on the leadership, appearance, spirit, and tumbling ability. The cheerleader shall be subject to the same qualifying criteria as the other athletes.

Varsity Basketball Awards

Awards will be presented in the following areas:

Tiger Mental Attitude Award

Award will be presented to the varsity player showing the best mental attitude for the season.

Varsity Basketball Coaches Award

Awards will be presented to the varsity player that best exemplifies the integrity, effort and attitude of a Crothersville Student/Athlete.

Most Improved Award

Award will be determined by the coach, based on the improvement of the athlete during the season.

Rebounding Award

Presented to the athlete with the highest number of rebounds, based on statistical data. (Both boys and girls must have an average of 4.0 per game.)

Defensive Award

Award will be determined by the coach, based on defensive categories such as steals, deflections, charges, blocks, & hustle on defensive end.

3 Point Award

Athletes must have a minimum of 20 3 pt. attempts per season.

Free Throw Award

Presented to the athlete with the highest free throw percentage. Minimum number of free throw attempts shall be 30. (Players must have a minimum free throw percentage of 70%)

Assist Award

Presented to the boy/girl who has the highest assist average.

Junior Varsity Basketball Awards

Awards will be presented in the following areas:

Tiger Mental Attitude Award

Award will be presented to the varsity player showing the best mental attitude for the season.

Assist Award

Presented to the boy/girl who has the highest assist average.

Rebounding Award

Presented to the leading rebounder based on statistical data.

Free Throw Award

Presented to the athlete with the highest free throw percentage. Minimum number of free throws attempted must be 30.

Most Improved Award

Award will be determined by the coach, based on the improvement of the athlete during the season.

Jr High Basketball Awards

Awards will be presented in the following areas:

Tiger Mental Attitude Award

Award will be presented to the varsity player showing the best mental attitude for the season.

Assist Award

Based on statistical data, the highest ratio.

Rebounding Award

Based on statistical data

Free Throw Award

Based on statistical data

Most Improved Award

Award will be determined by the coach, based on the improvement of the athlete during the season.

Spring Sports:

Baseball Awards

Awards will be presented in the following areas:

Tiger Mental Attitude Award

Award will be presented to the varsity player showing the best mental attitude for the season.

Most Improved Award

Award will be determined by the coach, based on the improvement of the athlete during the season.

Pitching Award

Best earned run average with at least 6 appearances.

Batting Award

To be determined by the highest percentage based on statistical data. Minimum requirements: average at least 30 total at-bats the entire season (including tournaments).

Best All Around Player Award

To be determined by the coaching staff. Presented to the player deemed to be the most valuable to the success of the team.

Softball Awards

Awards will be presented in the following areas:

Tiger Mental Attitude Award

Awards will be presented to the varsity player showing the best mental attitude for the season.

Most Improved Award

Award will be determined by the coach, based on the improvement of the athlete during the season.

R.B.I Award

Athletes must have a minimum of 25 plate appearances.

Pitching Award

Best earned run average with at least 6 appearances.

Batting Award

To be determined by the highest percentage based on statistical data. Minimum requirements: average at least 30 total at-bats the entire season (including tournaments).

Varsity Track and Field Awards

Awards will be presented in the following areas:

Tiger Mental Attitude Award

Award will be presented to the varsity runner displaying the best mental attitude for the season.

Most Outstanding Runner

To be determined by the coaches based on the total points accumulated during the season.

Most Outstanding Field

To be determined by the coaches based on the total points accumulated during the season.

Most Improved Athlete

To be determined by the track coach, based on the recorded improvement in time and/or height and/or distance.

Jr. High Track and Field Awards

Awards will be presented in the following areas:

Tiger Mental Attitude Award

Award will be presented to the varsity player showing the best mental attitude for the season.

Most Outstanding Runner

To be determined by the coaches, based on total accumulated points during the season.

Most Outstanding Field

To be determined by the coaches, based on total accumulated points during the season.

Most Improved Athlete

To be determined by the track coach, based on the recorded improvement in time and/or height and/or distance.

Boys Golf Awards

Awards will be presented in the following areas:

Tiger Mental Attitude Award

Award will be presented to the varsity player showing the best mental attitude for the season.

Low Medalist

Presented to the player with the best statistical data.

Most Improved

To be determined by the golf coach on the recorded data.

2022/2023 SIGNATURE/CONFIRMATION FORM

I have read and understand the rules and regulations as stated in the Crothersville Jr.-Sr. High School's Student/Athlete Handbook. I agree to guide my conduct accordingly, realizing that there are consequences if I do not.

Student/Athlete Signature

Date

As a parent/guardian of the student/athlete, I have read and understand the contents of the Crothersville Jr.-Sr. High School's Student/Athlete Handbook.

Parent/Guardian

Date

NOTE: This signature form signed by both parties must be filed in the office of the Athletic Director.